

Liquors and fruit Route

Villages: Piornal, Navaconcejo, Cabezuela del valle, Jerte, Tornavacas, Aldeanueva

del Camino, Baños de Montemayor, Hervás.

The villages in this route belong to Amboz and Jerte Valleys. Both valleys are protected from winds, having a moderate microclimate, and make up a garden where, along with the cherry, that is the queen, plums, pears, figs and chestnuts are cultivated and the wood provides raspberries, blackberries, gooseberries and mulberries.

Kirsch and liquors are, nowadays, some of the most prestigious and best quality products in the gastronomy in Extremadura.

This zone, apart from fruits and liquors, is very rich in mushrooms, trout and kid. It's a hard and austere cuisine, but very varied, and nowadays is increasing its value because of the enormous tourist attractiveness of the route.

Beginning with Tornavacas, winter salad is famous, with oranges, black olives and a splendid dressing of pure olive oil. In Jerte, its potato soup and gooseberries on honey with cream. In Cabezuela del Valle the pickling brine trout are unforgettable. In Navaconcejo, fried trout with a slice of ham. If we go up to Piornal in mushrooms season, we will find all the varieties of them and cooked in a thousand ways, and a delicious roast kid; and in Hervás, after walking along its Jewish Quarter, it's obliged to enjoy its white soup and thyme trout.